

Save hours of preparation whilst providing wonderful fresh reminiscence activities

## What's in your subscription



### Daily Sparkle Newspaper

1 for each day

Emailed every Monday

Also in the App & Activity Bank

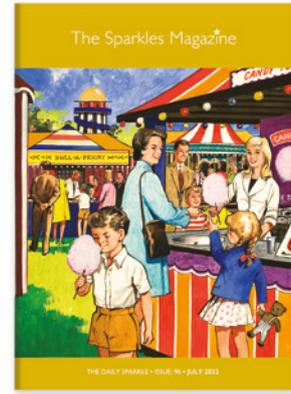


### Weekly Sparkle Newspaper

2 copies for each week

Professionally printed and posted monthly

Also in the App & Activity Bank

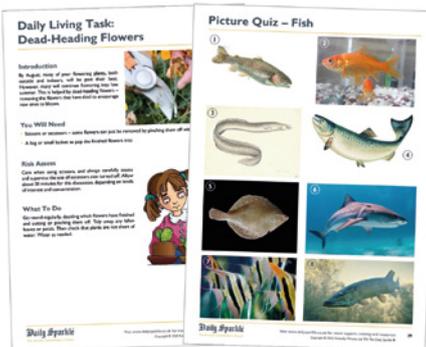


### The Sparkles Magazine

2 copies each month

Professionally printed and posted monthly

Also in the App & Activity Bank



### Activity Bank

Over 30 new activity session plans every month

Emailed every Monday

Also in the App



### Daily Sparkle App

Access our resources plus additional music & quizzes

Use on smartphones, tablets or digital tables

Login details are your account ID and email address



### Daily Sparkle Hub

Ideas, news and support  
[www.dailysparkle.co.uk/hub](http://www.dailysparkle.co.uk/hub)

Share your stories in  
*Reader's Corner*

Submit your questions to our  
*Agony Aunt in Ask Jan*

Sign up to our monthly  
newsletter

# How to use our resources



## Group Sessions

Our activities are perfect for use in group sessions, to keep your residents stimulated and active. The Daily Sparkle newspapers enable reminiscence therapy on a daily basis. Content can be used as a springboard for residents to share their own memories and opinions.



## One To One

The Daily Sparkle allows instant connection between care home staff and residents. It breaks the ice and facilitates conversation and meaningful engagement.



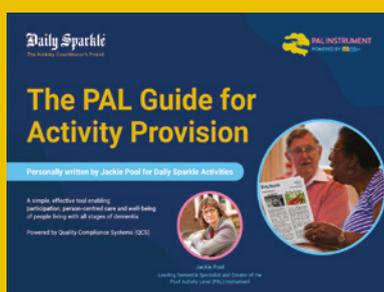
## Individual Residents

For residents who prefer not to participate in group activities, the Daily Sparkle offers a welcome distraction from feelings of loneliness and isolation. Our resources also offer cognitive stimulation for residents who can read or complete quizzes independently.



## Relatives

Our resources are the perfect tool for use by visiting friends and family. Simple, familiar conversation topics covered in the Daily Sparkle enable instant connection and easy conversation.



## The key to person-centred activities

We are proud partners of QCS and Jackie Pool, creator of the PAL (Pool Activity Level) instrument. Download your free PAL guide in our Activity Bank. Discover how to use PAL with Daily Sparkle resources and facilitate activities to all residents at their required ability level. **Visit: [www.dailysparkle.co.uk/pal](http://www.dailysparkle.co.uk/pal)**

